



Anthroposophy Atlanta Newsletter January 2016

Dear friends,

With the beginning of 2016, plans are set for several offerings in our community in the coming weeks. Below you will find descriptions of three events with guests to our community: Gino Ver Eecke, Betty Staley, and Lilith Dupuis. We hope you can join us for these occasions. Regular study opportunities are ongoing in the community as well. Through coming together in the social sphere, we are able to achieve much more than each can do alone. Please know that all are invited!

In service,
Elizabeth Roosevelt, for Anthroposophy Atlanta

New Branch Study

This week the branch study group will be completing the study of *According to Luke*. On February 3, we will begin *According to Matthew*, previously translated as *The Gospel of St. Matthew*. We meet Wednesdays at 7:00 pm at Academe usually go until around 8:30. All are welcome!

The Meditative Path: An Exploration of Self and Community with Gino Ver Eecke

January 29 - February 1

Join us for a weekend of lectures, discussion and artistic work to explore The Meditative Path of Knowledge through the lens of Anthroposophy.

Friday, January 29, 7:30 pm

The Meditative Path of Knowledge in Anthroposophy

Saturday, January 30, 9:30am to 1:30pm

The Meditative Path of Knowledge through the four Mystery Dramas

Sunday, January 31, 9:30am to 1:30pm

The Meditative Path of Knowledge and its Role in the Life of the Anthroposophical Society

Monday, February 1, 8:30am

The Call for Self-Knowledge: How to Meet the Demands of Life?

Participants will benefit most from attending all sessions, as Gino intends to guide us in an imaginative picture over the entire weekend. However, if you cannot attend all sessions, you may still attend as your schedule allows.

There is no set fee to attend; suggested donation for the weekend is \$100. Decatur locations to be determined based on registration. Please email Angela at afoster@thirdbody.net to reserve your spot, or for more information and the suggested reading list.

Gino Ver Eecke met Anthroposophy in his birth town of Roeselare, Belgium, at the young age of 16. After spending a year on a biodynamic farm in Switzerland, he moved to Chestnut Ridge, NY, to complete his Eurythmy training. He has been active as an amateur actor, most notably in the role of Benedictus in the 10 day festival and performance of the Rudolf Steiner's four Mystery Dramas in 2014. Currently he guides the work of the Threefold Branch of the Anthroposophical Society in Chestnut Ridge. He can be reached at gfbver@gmail.com.

The Development of Thinking from Kindergarten through High School

Academe of the Oaks

presents distinguished lecturer Betty Staley:

The Development of Thinking from Kindergarten through High School

Tuesday, February 9, 2016

7:30 p.m.

in the Loft at Academe

“We cannot solve our problems with the same thinking we used when we created them.”

— Albert Einstein

Thinking is a fundamental human quality which is the basis of freedom. Beginning in the early childhood years, a healthy foundation is laid. During each stage new capacities are awakened which lead to critical thinking and creativity. Out of her decades in Waldorf education, Betty Staley will share how the Waldorf approach and current neuroscience support the development of thinking in children.

Betty Staley is the Director of Waldorf High School Teacher Education Program at Rudolf Steiner College, Fair Oaks, California. She taught for over twenty-five years at the Sacramento Waldorf School from kindergarten through high school and continued as a guest teacher. She has been a worldwide consultant to Waldorf schools and guide to parent education. Her courses and writing in history, literature, psychology, and education inspired by Rudolf Steiner’s work have led Ms. Staley to adapt aspects of Waldorf education to public as well as independent schools and to programs for students at risk. She is the author of seven books, including the classic *Between Form and Freedom: The Teenage Years*.

Coming up...

Lilith Dupuis, eurythmist from Santa Cruz, CA, will be visiting at Atlanta soon, and we are eager to welcome her back! In addition to come-as-you-can adult eurythmy, Lilith will offer a 4-class series working with Rudolf Steiner's *How To Know Higher Worlds*. This series will meet on Monday nights (Feb. 22 - March 14, 2016) from 7pm to 8:30pm at the Waldorf School of Atlanta. You will also want to mark your calendars for a Saturday workshop on *Occult Science: An Outline* by Rudolf Steiner. This event will be held on Saturday, February 27, 2016 and will include a discussion of where humanity has come from, where we are today, and how we can approach what is coming toward us from the future. Details about pricing and location are coming soon.

Angela Foster: afoster@thirdbody.net

Daily Exercises: The Eightfold Path

Throughout Rudolf Steiner's work on the [Gospel of Luke](#), he refers to the importance of the Eightfold Path developed by Gautama Buddha. Describing this descent into physical form, Steiner states that this descent

applies not only to Christ Jesus but to others as well... It applies, for example, to Buddha and his mission on the Earth. He was the first to proclaim and establish the great teaching of compassion and love and everything connected with that teaching as expressed in the precepts of the Eightfold Path. ...

Thus in his day Buddha brought to the world the teaching of love and compassion as a token for coming generations of human beings who must gradually acquire the capacity to recognize and understand from *within themselves* the principles of the Eightfold Path. ... But a long path has to be trodden before men say to themselves: We can now acquire out of our own souls what Buddha established five or six centuries before our era; we have now become like Buddha in our own souls.

Step by step, humanity must climb to the summit.

Rudolf Steiner presented the Eightfold Path as daily exercises, which can be found in *Guidance in Esoteric Training*, online [here](#).

Verse

Albert Steffen (1884 - 1963):

Goal for Cosmic Year



Let our goal be this for cosmic year:
To create a painting for the soul,
which the claws of death may not despoil,
which illumines even darkest dungeon,
and to bear with us an earth renewed,
which the shades of evil cannot fetter,
which will never perish in the floods,
which the raging winds can never pale,
nor corroding lye can ever poison,
which can never melt in heat of fire,
yet which still is brighter than the sun,
this is granted us by Christ alone.

Percy MacKaye (1875 - 1956):



The age that's sick of soul must be
The epoch of pathology.
But must, therefore, a healthy man
Turn sick to suit the ages' plan?
He must, if he desires to sell
Time-tainted wares, to keep him well
In bank account and social standing,
And bind his bales in cultic banding.

But were it not a wiser means
Than patching soiled and worn-out jeans
To make a new and splendid cloth
Of soul for garment, and go forth
And wear it in the marketplace
To set the fashion—for God's grace.

Branch Intention

The Anthroposophical Society in America is a non-sectarian, non-political “association of people who would foster the life of the soul, both in the individual and in human society, on the basis of a true knowledge of the spiritual world.”

As a branch of the Society, Anthroposophy Atlanta seeks to nurture the life of anthroposophy in the Atlanta area and in the Southeast. Our branch supports the individual path of self-development and community path of social health and renewal in the light of anthroposophy.

Looking Ahead

This newsletter seeks to offer a picture of the activity and voices of anthroposophy in Atlanta. To contribute to future issues, contact anthroposophyatlanta@gmail.com. More about our branch can be found on our [website](#).