



Anthroposophy Atlanta Newsletter November 2015

Dear friends,

We have a couple of events and classes coming up in our community that you will find described below in addition to the study groups that continue to meet regularly. It is wonderful to see the steady growth of the impulse of anthroposophy in Atlanta. This newsletter currently goes out to around 90 people, most of whom are involved with the anthroposophical community in the local area. As you will read in an offering from Roberta Ricketts, there is always room for new initiative and participation!

Through becoming aware of each other's striving and interests, we can strengthen each other's work. Genuine interest is a powerful seed. With that in mind, I would also like to encourage contributions to this communication. I'd love to be able to share more voices. Offerings can be artistic, reflective, or informative to keep others in the loop. The door is open. Each sharing provides a picture of how anthroposophy is coming to life here.

In service,
Elizabeth Roosevelt, for Anthroposophy Atlanta

Current Study Groups

Branch Study Group: *According to Luke*, Rudolf Steiner

The Christian Mystery: *The Apocalypse of St. John*, Rudolf Steiner

Working with the Virtues: *The Power of the Soul*, Robert Sardello

Encounter Anthroposophy and the Arts at the Waldorf School of Atlanta

The Waldorf School of Atlanta is excited to present opportunities for adults in our community to learn about Anthroposophy and the daughter movements that have grown from it, which includes Waldorf Education. One of the hallmarks of Waldorf pedagogy is the emphasis on learning through artistic activity. The Waldorf School of Atlanta has many trained and talented teachers that are eager to share the arts with adults, as well as the children. Watch for coming opportunities in 2016—the adult classes are open to the whole community, not just parents at the school. Here is one fun class with open spaces in December:

Spoon Sculpting Class

Join Francisco Moreno, who teaches both woodworking and movement classes at WSA, for a hands-on class that is a great introduction to woodworking for adults. Learn about the qualities of wood while engaging your will forces. This class is energizing and so much fun! Each student will make your own spoon—to keep or give as a one-of-a-kind holiday gift for someone special.

We will meet three Saturdays from 10:30am to 12:00pm:
December 5, 12, and 19, 2015

No prior skills are required. Tuition is \$60 + \$10 supply fee = \$70 total. Please make checks to the Waldorf School of Atlanta.
Email adulthoodeducation@waldorfatlanta.org to reserve your spot ~ hurry! Spaces are limited.

The Incarnation of the Logos: An Epic Tale of Christ's Coming to Earth

Performed by storyteller Glen Williamson

Wednesday, December 9, 2015 at 7:00pm
in the Loft at Academe of the Oaks Decatur, Ga

The story of Jesus' birth, childhood and youth, as you've never heard it before. Harmonizing the conflicting accounts of Matthew and Luke, this saga weaves the threads of many traditions into an intimate but also cosmic drama.

Adam and Eve, Moses,
Adonis, Osiris, Isis, Apollo,
Krishna, Buddha and Zarathustra
all appear in this sometimes astonishing retelling of the greatest story ever told.

Based on the Gospels and the work of spiritual researcher Rudolf Steiner and theologians Emil Bock and Edward R. Smith.

75 minute show, no intermission
donations appreciated

Coming in 2016

Lilith Dupuis, eurythmist from Santa Cruz, CA, will be visiting at Atlanta in early 2016, and we are eager to welcome her back! Last spring, Lilith and her husband, Sebastien Dupuis, taught eurythmy at Academe of the Oaks to the high school students, led adult eurythmy classes, co-taught a workshop on *Eurythmy and the History of Dance* with Fred Amrine, and led an exciting workshop on *Soul Observation while Transforming the Platonic Solids*. They brought such energy and enthusiasm to us last year that plans are underway now for Lilith to offer several enrichments to our anthroposophical community in 2016.

In addition to come-as-you-can adult eurythmy, Lilith will offer a 4-class series working with Rudolf Steiner's *How To Know Higher Worlds*. This series will meet on Monday nights (Feb. 22 - March 14, 2016) from 7pm to 8:30pm at the Waldorf School of Atlanta. You will also want to mark your calendars for a Saturday workshop on *Occult Science: An Outline* by Rudolf Steiner. This event will be held on Saturday, February 27, 2016 and will include a discussion of where humanity has come from, where we are today, and how we can approach what is coming toward us from the future. Details about pricing and location are coming soon.

In order to fully participate in this workshop, you will need to have read *Occult Science* recently. We are hoping that this will serve as plenty of notice to start reading, so we can create a lively workshop in February! If anyone is interested in reading *Occult Science* together before February, please send me an email and let's see if we can create a mutual time.

Angela Foster: afoster@thirdbody.net

The Twelve Virtues

— Roberta Ricketts

Rudolf Steiner referred to his list of the Twelve Virtues of the Month as "a path of soul development," but posting them on our refrigerators and striving to be more virtuous by exemplifying our personal understanding of them often leads to disappointing results. Instead of finding ourselves "living" the virtues, we instead fall into guilt or at the least, an awareness that "I am what I would not be; I am not would I would."

Robert Sardello claims in his book *The Power of the Soul* that living the twelve virtues is not meant to be about being a more virtuous person, but about locating the essence of our soul and coming to have an inner experience of how soul wants to function in order to bring about the good, not just for ourselves, but for the whole world. Sardello's exploration of this "path" starts with learning to be centered in the heart, and he reminds us that, according to Rudolf Steiner, following such a path will lead to nothing less than a transformation of our heart forces.

A small, but dedicated group has been meeting once a month to read and discuss the virtue for the month and to share our experiences of living with the previous month's virtue. We have found that Sardello's insights have clarified and deepened our understanding and strengthened us in our soul/spiritual work.

We began with Devotion, the virtue for Aries, but as each chapter focuses on one virtue and its connections to the other virtues are clearly described, it is possible to enter the path, as Rudolf Steiner pointed out, with any one of the virtues. In fact, we have explored how meaningful different "beginnings" and their resultant "endings" might be.

You are warmly invited to join us whenever you can. We will meet from 1 to 3 PM at on November 29 and December 27 in my carriage house at 1384 Fairview Rd (corner of Oakdale).

An Invitation

— Roberta Ricketts

"Is this someone's seat?" asked a newcomer to the First Class meetings in Chattanooga, indicating the space next to me. I laughed, reflecting on how we do tend to choose the same seats month after month, behavior that is also true at our weekly study group meetings in Atlanta. Perhaps our choice of a seat is based on some sort of internal Feng Shui? Because of my cochlear implant, I always choose a seat front and center at lectures and a spot where I can best view participants' faces.

I assured her that we were glad to have her join us, and she was welcomed to sit wherever she liked. Then I thought back to my arrival in Atlanta from San Francisco several years ago. Delighted to find such youthful forces present in the Anthroposophical movement in Atlanta (even among the "elders" like myself), I was eager to join the study groups and activities. I was yearning for spiritual nourishment and a community of like-minded friends.

I acknowledge that I was fortunate enough to have ties here to mutual friends in California, people who "took me under their wings" so to speak. Yet, without a personal invitation to do so, I did hesitate to join established, and what I thought might be closed, circles. I overcame my reluctance and found open, welcoming gestures awaiting me. Profound studies, lively and enlightening conversations, nourishing activities and events, and ever-deepening heart connections have been my reward.

With my own experience in mind, I extend a warm invitation to those of you who are seeking ways to "do anthroposophy" by bringing Rudolf Steiner's initiatives into your lives and the world more fully, to join one of the several study groups or engage in the planning of our Atlanta Branch activities with the carrying group. No seats are "taken" and there are many available.

Verse

Christy Barnes (1909-2002):



Have you sunk deep in the blue heavens?
Have you wandered among the vast sparks of the stars?
Have you laid your heart in tender sun's warmth,
and sung in the glancing of its leaf-flung light?
Then you have known a faint foretelling only
of the sun-deep, spirit-speaking eyes
where fresh love lies and dark fear dies,
and where in time's yet untouched skies
eternally new selves
arise!

Christian Morgenstern (1871-1914):



I have looked into the deepest depths of man,
I know the world to its foundation-stones.
Its meaning, I have learnt, is Love alone,
And I am here to love, and ever love again.
I stretch my arms abroad as He stretched His,
to embrace the whole wide world, as He embraced.

Looking Ahead

This newsletter seeks to offer a picture of the activity and voices of anthroposophy in Atlanta. To contribute to future issues, contact anthroposophyatlanta@gmail.com. More about our branch can be found on our [website](#).